

Jane Doe

youremail@berkeley.edu | (510) 333-3333 | linkedin.com/janedoe

EDUCATION

University of California, Berkeley

Expected Graduation: May 2020

B.A. Integrative Biology: Human Biology GPA: 3.75

WORK EXPERIENCE

University Health Services, Berkeley, CA

January 2018-June 2018

Nutrition Outreach Worker

- Created, led, and taught intimate workshops on healthy eating, cooking skills, and positive body image
- Provided important resources to UCB students, including food pantry, eating disorder clinic, and dietitian

RESEARCH

Department of Nutritional Sciences and Toxicology, UC Berkeley

August 2017-December 2017

Undergraduate Student Researcher, XXX Lab

- To assist with the research on metabolic regulation, used lab skills to extract fat and protein from human and animal muscle tissue
- From extracted mitochondria from liver tissue, analyzed the effects of a pharmaceutical drug on fat breakdown on individuals with fatty liver disease

LEADERSHIP AND VOLUNTEER EXPERIENCE

Crisis Text Line UC Berkeley

August 2017-present

Crisis Counselor

- Counsel people via texting who are feeling suicidal, anxious, or are in any other crisis to de-escalate the situation
- Spoke to an audience of 300 people at the 2017 Suicide Prevention Walk to raise awareness for the resource, share experiences, and recruit more volunteer Crisis Counselors.

Student Nutrition Advocacy Club (SNAC) UC Berkeley

August 2017-December 2018

Secretary

- Taught children in underserved communities about the importance of healthy food
- Collaborated with club members to create age appropriate recipes and meal plans for children

Kidney Disease Screening and Awareness Program, UC Berkeley

January 2017-December 2017

Outreach Committee Chair

- Coordinate locations to provide free kidney health screenings in communities most at risk for kidney disease
- Train members to execute medical tests on patients, including urinalysis, blood glucose, and blood pressure checks
- Design and develop pamphlets to provide local resources for uninsured patients in need of healthcare

SKILLS AND INTERESTS

Clinical Lab Skills: Urinalysis, Blood Glucose, BMI, Bacterial plating, Nuclear Magnetic Resonance, Mass Spectrometry, Gel Electrophoresis, Titrations, Thin Layer Chromatography, Polymerase Chain Reaction, Human and animal tissue homogenization

Technical: Microsoft Office, Excel, Word, Adobe

Languages: English, Spanish (fluent spoken), French (fluent spoken)